Our Path Home works with community partners to identify spaces that will welcome and provide a warm place for people experiencing homelessness during the cold winter months.

**HOUSING CRISIS HOTLINE | 208-336-HOME (4663)**

If you are experiencing a housing crisis, call us for resources, information and support.

*OurPathHome.org*
WARMING LOCATIONS

All facilities provide resource navigation, bathrooms, beverages, and indoor seating.

**CLOTHES**  **FOOD/MEALS**  **SHOWERS**  **OVERNIGHT STAY**  **WIFI/COMPUTER**  **FIRST AID**  **COVERED OUTDOOR SHELTER**  **CRISIS SUPPORT**  **LAUNDRY**

**BOISE PUBLIC LIBRARY**
715 S CAPITOL BLVD | 208-972-8200
HOURS: Mon-Thu, 10 a.m.-8 p.m.
Fri, 10 a.m.-6 p.m. | Sat-Sun: 10 a.m.-2 p.m.

ADDITIONAL BRANCH ADDRESSES
- **LIBRARY AT HILLCREST**
  5246 W. OVERLAND RD
- **LIBRARY AT COLLISTER**
  4742 W. STATE ST
- **LIBRARY AT COLE & USTICK**
  7557 W. USTICK RD
- **HOURS**: Mon- Fri, 10 a.m.-6 p.m.
  Tues-Thu, 10 a.m.-8 p.m.
  Sat, 10 a.m.-2 p.m.

**CATHEDRAL OF THE ROCKIES**
717 N 11TH ST | 208-343-7511
HOURS: Mon-Fri, 9 a.m.-4 p.m.
LUNCH HOURS: Mon-Fri, 11:30 a.m.-1 p.m.

**CORPUS CHRISTI**
525 S AMERICANA BLVD | 208-426-0039
Bus passes available.
HOURS: Mon-Sat, 8:30 a.m.-4:30 p.m.

**HAYS HOUSE**
7221 POPLAR ST | 208-322-2308 (24 HRS)
24/7 Emergency Youth Shelter (Ages 9-17)
HOURS: Tues, Wed, Thur, 2-8 p.m.
(DAYTIME REST OKAY HERE)

**IDAHO HARM REDUCTION**
2717 W BANNOCK ST | 208-991-4574
HOURS: Tues, Wed, Thur, 2-8 p.m.
(DAYTIME REST OKAY HERE)

**INTERFAITH SANCTUARY**
1620 W RIVER ST | 208-343-2630
HOURS: Daily, 8:30 a.m.-4 p.m.
(Overnight check in at 4:30 p.m.)

**RIVER OF LIFE-BOISE RESCUE MISSION**
575 S 13TH ST | 208-389-9840
Men only. Open indoor access.
HOURS: 9 a.m.-4 p.m.
(Overnight check in at 4:30 p.m.)

**TREASURE VALLEY YMCA**
1050 W STATE ST (DOWNTOWN) | 208-344-5501
Free winter gym membership. Apply at CATCH, Interfaith Sanctuary, or Boise Public Library.
HOURS: Mon-Fri, 5 a.m.-9 p.m.
Tues-Thur, 5 a.m.-9 p.m.
Sat, 7 a.m.-6 p.m. | Sun, 10 a.m.-6 p.m.
- **WEST BOISE YMCA**
  5959 N DISCOVERY WAY, BOISE, ID 83713
- **SOUTH MERIDIAN YMCA**
  5155 HILLSDALE AVE, MERIDIAN, ID 83642

**WARMING LOCATIONS SERVICES + RESOURCES**

- **FOOD/MEALS**
- **OVERNIGHT STAY**
- **WIFI/COMPUTER**
- **FIRST AID**
- **COVERED OUTDOOR SHELTER**
- **CRISIS SUPPORT**
- **LAUNDRY**

**ADDITIONAL BRANCH ADDRESSES**
- **LIBRARY AT HILLCREST**
  5246 W. OVERLAND RD
- **LIBRARY AT COLLISTER**
  4742 W. STATE ST
- **LIBRARY AT COLE & USTICK**
  7557 W. USTICK RD
- **HOURS**: Mon- Fri, 10 a.m.-6 p.m.
  Tues-Thu, 10 a.m.-8 p.m.
  Sat, 10 a.m.-2 p.m.

**CITY OF LIGHTS-BOISE RESCUE MISSION**
1404 W JEFFERSON ST | 208-368-9901
Women and children only. Open indoor access.
HOURS: Daily, 9 a.m.-4 p.m.
(Overnight check in at 4:30 p.m.)

**CRISIS SUPPORT**

**LAUNDRY**

**FOOD/MEALS**  **OVERNIGHT STAY**  **WIFI/COMPUTER**  **FIRST AID**  **COVERED OUTDOOR SHELTER**  **CRISIS SUPPORT**  **LAUNDRY**
## ADDITIONAL RESOURCES

### SHELTERED OUTDOOR SPACES
Covered outdoor shelters, bathroom access. Available sunrise to sunset.

**RHODES SKATE PARK**  
1555 W FRONT ST

**ANN MORRISON PARK**  
1000 AMERICANA BLVD

**JULIA DAVIS PARK**  
700 S. CAPITAL BLVD

**VETERANS MEMORIAL PARK**  
930 VETERANS MEMORIAL PKWY

### FOOD PANTRIES

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone Number</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>EL-ADA COMMUNITY ACTION PARTNERSHIP</td>
<td>2250 S VISTA AVE</td>
<td>208-377-0700</td>
<td>Mon-Thur 8 a.m.-4 p.m.</td>
</tr>
<tr>
<td>SAINT MARY’S FOOD BANK</td>
<td>3890 W STATE ST</td>
<td>208-345-2734</td>
<td>Mon, Fri 11 a.m.-2 p.m., Wed 11 a.m.-1 p.m.</td>
</tr>
<tr>
<td>TRUE HOPE FOOD PANTRY</td>
<td>607 N 13TH ST</td>
<td>208-344-7809</td>
<td>Sat, 8-11 a.m.</td>
</tr>
<tr>
<td>ST. VINCENT DE PAUL FOOD PANTRY</td>
<td>3209 W OVERLAND RD</td>
<td>208-333-1460</td>
<td>Tues, Fri, 2nd Sat, 10 a.m.-12 p.m.</td>
</tr>
</tbody>
</table>

### RESOURCE SUPPORT

**OUR PATH HOME OUTREACH**  
503 S AMERICANA BLVD | 208-336-4663  
HOURS: Tues, 9-11 a.m., Thur, 1-3 p.m.  
EMAIL: ourpathhome@catchprogram.org  
OurPathHome.org

**MENTAL HEALTH COORDINATOR AT THE LIBRARY**  
715 S CAPITOL BLVD | 208-972-8216  
(Downtown Main Library)  
HOURS: Mon, Tues, Fri, 10 a.m.-12 p.m.

**ST. VINCENT DE PAUL HELP LINE**  
208-331-2208  
Help with utilities, rental assistance, household goods, transportation, and clothing. Leave a message with name, phone number and need.

**FIND HELP IDAHO**  
Online location-based resource guide with the ability to print, connect, and send/receive updates with a variety of community partners and resources.  
FindHelpIdaho.org
1. BOISE PUBLIC LIBRARY - DOWNTOWN
   717 S CAPITOL BLVD

2. CATHEDRAL OF THE ROCKIES
   717 N 11TH ST

3. CITY OF LIGHTS
   1404 W JEFFERSON ST

4. CORPUS CHRISTI
   525 S AMERICANA BLVD

5. IDAHO HARM REDUCTION
   2717 W BANNOCK ST

6. INTERFAITH SANCTUARY
   1620 W RIVER ST

7. RIVER OF LIFE
   575 S 13TH ST

8. TREASURE VALLEY YMCA - DOWNTOWN
   1050 W STATE ST

9. HAYS HOUSE (NOT ON MAP)
   7221 POPLAR ST
### Hypothermia

Hypothermia is a medical emergency and immediate medical care is necessary.

**Signs + Symptoms**
- Shivering and confusion
- Exhaustion, drowsiness or feeling very tired
- Memory loss and slurred speech
- Signs in babies: bright red, cold skin, and very low energy

**Helping Those Who May Be Hypothermic**
- Get the person into a warm room or shelter.
- Remove any wet clothing the person is wearing.
- Warm the center of the person’s body—chest, neck, head, and groin—using an electric blanket, if available. You can also use skin-to-skin contact under loose, dry layers of blankets, clothing, towels, or sheets.
- Warm drinks can help increase body temperature, but do not give alcoholic drinks. Do not try to give beverages to an unconscious person.
- After body temperature has increased, keep the person dry and wrap their body, including their head and neck, in a warm blanket.
- Get the person proper medical attention as soon as possible.

### Winter Safety

**Winter Safety Tips: Don’t Wait, Take Action!**
- Seek shelter in warm spaces
- Layer clothing
- Avoid cotton (use synthetic fabrics that wick moisture from your skin and dry quickly)
- Wear an outer layer that is water repellent and hooded
- Wear a hat (40% of body heat can be lost from our heads)
- Cover your mouth to protect your lungs from extreme cold
- Wear mittens or gloves, snug at the wrist (mittens are better than gloves)
- Stay dry and out of the wind
- Stay hydrated and consume warm liquids
- Know emergency contact location
- Utilize public spaces
- Carry emergency supplies
- Know how to get help
- Be aware of early signs of cold-related illnesses

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- Be aware of early signs of cold-related illnesses
FROSTBITE
A person who has frostbite may not know they have it until someone else points it out because the frozen parts of their body are numb.

SIGNS + SYMPTOMS
- Redness or pain in any skin area
- A white or grayish-yellow skin area
- Skin that feels unusually firm or waxy
- Numbness

HELPING THOSE WHO MAY HAVE FROSTBITE
- Get the person into a warm room as soon as possible.
- Unless necessary, do not walk on feet or toes that show signs of frostbite—this increases the damage.
- Do not rub the frostbitten area with snow or massage it at all. This can cause more damage.
- Put the areas affected by frostbite in warm—not hot—water (the temperature should be comfortable to the touch for unaffected parts of the body).
- If warm water is not available, warm the affected area using body heat. For example, you can use the heat of an armpit to warm frostbitten fingers.
- Do not use a heating pad, heat lamp, or the heat of a stove, fireplace, or radiator for warming. Affected areas are numb and can easily burn.
- Get the person proper medical attention as soon as possible.

(Sources: Weather.Gov, Healthwise.net, YMCA)

ADDITIONAL SUPPORT

HEALTH SERVICES

TERRY REILLY HEALTH SERVICES
300 S 23RD ST | 208-318-1326
HOURS: Mon- Fri, 8 a.m.-6 p.m. (closed 1-2 p.m.)
PSYCHIATRIC MEDICATION MANAGEMENT WALK-IN
HOURS: Wed, 2-4 p.m., Fri, 1 p.m.-5 p.m.

TERRY REILLY HEALTH SERVICES
848 LA CASSIA DR | 208-344-0086
HOURS: Mon-Fri, 8 a.m.-5 p.m. (closed 12-1 p.m.)

FULL CIRCLE IDAHO
325 W IDAHO ST | 208-514-2525
HOURS: Mon-Fri, 8 a.m.-5 p.m.

GENESIS COMMUNITY CLINIC
215 W 35TH ST, GARDEN CITY | 208-384-5200
HOURS: Mon, Fri, 8 a.m.-5 p.m., Tues, Thur, 8 a.m.-7:30 p.m.
CRISIS SUPPORT

Reach out if you or someone you know is experiencing a crisis.

• IF YOU ARE IN AN EMERGENCY CALL 911

• BOISE NON-EMERGENCY POLICE
  208-377-6790

• MOBILE CRISIS - BEHAVIORAL HEALTH UNIT
  208-334-0808

• PATHWAYS COMMUNITY CRISIS CENTER
  833-525-4747

• SUICIDE + CRISIS LIFELINE
  988

• WCA DOMESTIC ABUSE CRISIS HOTLINE
  208-343-7025

• WCA SEXUAL ASSAULT HOTLINE
  208-345-7273

—OurPathHome.org—