

# SUMMER COOLING RESOURCE GUIDE

**JUNE-OCTOBER 2025** 

Our Path Home works with local partners in Boise and Ada County to provide safe, cool places for people experiencing homelessness during the hot summer months. These locations are available to help keep you cool and comfortable when temperatures rise, ensuring you have a safe place to go during the heat of the summer.

# **HOUSING CRISIS HOTLINE | 208-336-HOME (4663)**

Info@OurPathHome.org

If you are experiencing a housing crisis, call us for resources, information and support

OURPATHHOME.ORG

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# **CRISIS SUPPORT**

Reach out if you or someone you know is experiencing a crisis.

- IF YOU ARE IN AN EMERGENCY CALL 911
- BOISE NON-EMERGENCY POLICE 208-377-6790 (Available 24/7)
- MOBILE CRISIS BEHAVIORAL HEALTH UNIT 208-334-0808 (Available 24/7)
- PATHWAYS COMMUNITY CRISIS CENTER 833-525-4747 (Available 24/7)
- SUICIDE + CRISIS LIFELINE 988 or 1-800-273-8255 (Available 24/7)
- WCA DOMESTIC VIOLENCE CRISIS HOTLINE 208-343-7025 (Available 24/7)
- WCA SEXUAL ASSAULT HOTLINE 208-345-7273 (Available 24/7)

# COOLING LOCATIONS

# SERVICES + RESOURCES

**ALL FACILITIES** PROVIDE RESOURCE NAVIGATION, BATHROOMS, BEVERAGES, AND INDOOR SEATING.



















CLOTHES

MEALS

SHOWERS

OVERNIGHT STAY

WIFI/ COMPUTER

FIRST AID

COVERED OUTDOOR SHELTER

**CRISIS** SUPPORT

LAUNDRY

PHONE

# **BOISE CITY HALL**

150 N CAPITOL BLVD | 208-608-7000



HOURS: Mon-Fri, 8 a.m.-5 p.m.

# **BOISE PUBLIC LIBRARY**

715 S CAPITOL BLVD | 208-972-8200



\*tele-health appointment pod available

HOURS: Mon-Thur. 10 a.m.-8 p.m. Fri, 10 a.m.-6 p.m., Sat-Sun, 10 a.m.-2 p.m.

#### ADDITIONAL BRANCH ADDRESSES

- LIBRARY AT HILLCREST 5246 W Overland Rd
- LIBRARY AT COLLISTER 4742 W State St
- LIBRARY AT COLE & USTICK 7557 W Ustick Rd

HOURS: Mon + Fri, 10 a.m.-6 p.m., Tues-Thurs, 10 a.m.–8 p.m.

# **CATHEDRAL OF THE ROCKIES**

717 N 11TH ST | 208-343-7511



HOURS: Mon-Fri, 9 a.m.-4 p.m. LUNCH HOURS: Mon-Fri, 11:30 a.m.-1 p.m.

# CITY LIGHT HOME FOR WOMEN AND CHILDREN

1404 W JEFFERSON ST | 208-368-9901









Overnight shelter for women and children only. Daytime access for overnight guests upon staff approval.

HOURS: Daily, 9 a.m.-8 p.m. (Overnight check in at 4:30 p.m.)

# **CORPUS COMMONS**

#### 525 S AMERICANA BLVD | 208-426-0039











Bus passes and mail services available Monday through Saturday.

HOURS: Daily, 8:30 a.m.-7 p.m.

# **HAYS HOUSE**

#### 7221 POPLAR ST | 208-322-2308









24/7 Emergency Youth Shelter (Ages 9-17)

## INTERFAITH SANCTUARY

#### 1620 W RIVER ST | 208-343-2630















HOURS: Daily, 8:30 a.m.-4 p.m. (Cooling space available from 2 p.m.-7 p.m. in the "bull pen") For overnight shelter support call 208-345-5815

# **RIVER OF LIFE -BOISE RESCUE MISSION**

#### 575 S 13TH ST | 208-389-9840









Men only. Open indoor access to public when above 95 degrees.

HOURS: 9 a.m.-4 p.m.

(Overnight check in at 4:30 p.m.)

# TREASURE VALLEY YMCA

## DOWNTOWN 1050 W STATE ST | 208-344-5501



Free full access seasonal gym membership and Treasure Valley locations. Must complete OPH-YMCA application, available at CATCH, Corpus Commons, or Interfaith Sanctuary.

HOURS: Mon-Fri, 5 a.m.-9 p.m., Sat, 7 a.m.-6 p.m., Sun, 10 a.m.-6 p.m.

- WEST BOISE YMCA 5959 N DISCOVERY WAY
- SOUTH MERIDIAN YMCA 5155 HILLSDALE AVE

# ADDITIONAL RESOURCES

# **SHELTERED OUTDOOR SPACES**

All parks open from sunrise to sunset.

ANN MORRISON PARK\*

1000 AMERICANA BLVD

ESTHER SIMPLOT PARK\*
3206 W PLEASANTON AVE

JULIA DAVIS PARK 700 S CAPITAL BLVD

RHODES SKATE PARK\*
1555 W FRONT ST

VETERANS MEMORIAL PARK\*
930 VETERANS MEMORIAL PKWY

# WIFI AVAILABLE:

CECIL ANDRUS PARK 601 W JEFFERSON ST

CHERIE BUCKNER WEBB PARK
1100 W BANNOCK BLVD

THE GROVE PLAZA 827 W MAIN ST

#### \*PUBLIC BATHROOMS AVAILABLE

FORT BOISE PARK | TERRY DAY PARK | SHORELINE PARK

## SPLASH PADS AND WATER ACCESS

**GROVE PLAZA FOUNTAIN** 

FRANKLIN PARK

ANN MORRISON FOUNTAIN

KATHRYN ALBERTSONS PARK

WHITEWATER PARK

# **PUBLIC INDOOR SPACES**

**COFFEE SHOPS** 

TRANSIT STATION

**BOISE TOWNE SQUARE MALL** 

**PUBLIC LIBRARIES** 

# **FOOD PANTRIES**

# EL-ADA COMMUNITY ACTION PARTNERSHIP

**BOISE** 

2250 S VISTA AVE | 208-345-2820

HOURS: Mon-Thur, 8 a.m.-4 p.m.

**GARDEN CITY** 

701 E 44TH ST | 208-377-0700

HOURS: Mon-Thurs, 9 a.m.–12 p.m. and 1–5 p.m.

# SAINT MARY'S FOOD BANK

3890 W STATE ST | 208-345-2734

**HOURS**: Mon + Fri, 11 a.m.–2 p.m.,

Wed, 11 a.m.-1 p.m.

# **SALVATION ARMY**

9492 W EMERALD ST | 208-343-5420

HOURS: Tues-Thurs, 12-4 p.m., Friday, 12-1 p.m.

# ST. VINCENT DE PAUL FOOD PANTRY

3209 W OVERLAND RD | 208-333-1460

HOURS: Tues, Fri and 2nd Sat, 10 a.m.-12 p.m.

# TRUE HOPE FOOD PANTRY

607 N 13TH ST | 208-344-7809

**HOURS**: Sat, 8–11 a.m.



FOR MORE FOOD DISTRIBUTIONS, PLEASE SCAN THE QR CODE OR VISIT IDAHOFOODBANK.ORG/GET-HELP/GETFOOD

# **ADDITIONAL RESOURCES**

# **RESOURCE SUPPORT**

# OUR PATH HOME OUTREACH 503 S AMERICANA BLVD | 208-336-4663

HOURS: Tues, 9–11 a.m., Thur, 1–3 p.m. EMAIL: OurPathHome@catchprogram.org OurPathHome.org

# RESOURCE NAVIGATION -BOISE LOW INCOME SUPPORT

**CONTACT:** info@boiselist.org for available items and support

# COMMUNITY RESOURCE COORDINATOR AT THE BOISE PUBLIC LIBRARY

**715 S CAPITOL BLVD | 208-954-6777** See library staff for referral form to CRC

#### COFFEE AND CONVERSATIONS:

**DOWNTOWN LIBRARY:** Second and Fourth Friday 10–11:30 a.m.

**COLE & USTICK LIBRARY:** Second and Fourth Thursday 10–11:30 a.m.

# JESSE TREE RESOURCE SUPPORT CENTER

1121 MILLER STREET | 208-383-9486

**HOURS:** Mon-Thurs, 9 a.m.–4 p.m. **EMAIL:** Office@jessetreeidaho.org

# ST. VINCENT DE PAUL HELPLINE

208-331-2208

Help with utilities, rental assistance, household goods, transportation, and clothing. Leave a message with name, phone number and need.

#### **BOISE MUTUAL AID**

RHODES SKATE PARK HOURS: Mon and Wed 5–7 p.m.

#### FIND HELP IDAHO

Online location-based resource guide with the ability to print, connect, and send/receive updates with a variety of community partners and resources



FindHelpIdaho.org

# YOUTH RESOURCES

# **BOISE PUBLIC LIBRARY**

The Boise Public Library offers an array of free activities to youth and young adults throughout the summer. Activities are available at all branches and can be found in the Library Summer Program Guide.

## MAIN LIBRARY

**715 S CAPITOL BLVD** | **(208) 972-820 HOURS:** Mon-Thurs, 10 a.m.–8 p.m., Fri, 10 a.m.–6 p.m., Sat + Sun, 10am-2p

HILLCREST LIBRARY 5246 W. OVERLAND RD | 208-972-8340

COLLISTER LIBRARY
4742 W. STATE ST | 208-972-8320

COLE & USTICK LIBRARY

7557 W. USTICK RD | 208-972-8300 HOURS: Mon-Fri, 10 a.m.—6 p.m.,

Tues-Thurs, 10 a.m.—8 p.m., Sat, 10 a.m.—2 p.m.



BOISE LIBRARY SUMMER PROGRAM GUIDE

# TREASURE VALLEY YMCA

Through the seasonal OPH partnership with the YMCA, households are offered free full access memberships to any Treasure Valley YMCA. Through this program the Kid Zone offers 2 hours of childcare for youth under 6 years of age. Parents or guardians must be onsite. In addition to, the "YAC" is available for youth ages 6-14. Applications for the seasonal YMCA- OPH program can be found at service locations.

**HOURS:** Mon-Fri, 5 a.m.–9 p.m., Sat, 7 a.m.–6 p.m., Sun, 10 a.m.–6 p.m.

DOWNTOWN 1050 W STATE ST

WEST BOISE 5959 N DISCOVERY WAY

SOUTH MERIDIAN 5155 HILLSDALE AVE

# BOISE AND WEST ADA SCHOOL DISTRICT

The Boise School District and the West Ada School District are utilizing federal programs which include free lunch and breakfast (at select locations) for school aged children at various parks and schools from June 3 – August 8.

# YOUTH RESOURCES

# **JUMP**

#### 1000 W MYRTLE ST | 208-639-6610

Jack's Urban Meeting Place, or JUMP, hosts a variety of free and low-cost activities and events throughout the summer, many available for youth. Activities and events can be found on the JUMP website, including ways to use the space at no cost. **JUMPBoise.org** 

**HOURS:** Tues-Fri, 8 a.m.—7:30 p.m., Sat, 9 a.m.—7:30 p.m.

# **CLARVIDA YOUTH CRISIS CENTER**

# 9196 W. EMERALD ST, STE 100 | 833-525-4747

Operates 24 hours, 7 days a week, 365 days

Serves individuals under 18 years and older experiencing a behavioral health crisis including substance abuse challenges. Clarvida Community Crisis Center provides a safe, non-judgmental environment, linkage to community resources, and referrals for ongoing care at no cost to those we serve. The center welcomes all adults regardless of background. Individuals may stay at the center up to 23hrs and 59minutes in one episode of care.

# **HAYS HOUSE**

#### 7221 POPLAR ST | 208-322-2308

Hays House is the Treasure Valley's only 24-hour shelter for unaccompanied youth (9-17 years old). Hays House is here for kids who are runaways, homeless, or victims of abuse or neglect, with a safe place to stay, no matter what, no matter when. Hays House programming includes life skills classes, strength-based family and individual counseling, educational support, community-based recreation, access to an accredited academic program for grades 9-12 that include GED instruction and testing.

# THE COMMUNITY CENTER

#### 1088 N ORCHARD ST

The Community Center is a center for all members of the community, offering support groups, resources and activities.

HOURS: Mon, 3-7 p.m., Thurs, 5-8 p.m.,

Sat, 10 a.m.–5 p.m.

EMAIL: info@tccidaho.org

# **HEALTH SERVICES**

# TERRY REILLY HEALTH SERVICES

300 S 23RD ST | 208-318-1326

HOURS: Mon-Fri, 8 a.m.-6 p.m. (closed 1-2 p.m.)

PSYCHIATRIC MEDICATION MANAGEMENT WALK-IN:

**HOURS**: Wed, 2–4 p.m., Fri, 1–5 p.m.

# **TERRY REILLY HEALTH SERVICES**

848 LA CASSIA DR | 208-344-0086

HOURS: Mon-Fri, 8 a.m.-5 p.m. (Closed 12-1 p.m.)

# **FULL CIRCLE IDAHO**

325 W IDAHO ST | 208-514-2525

HOURS: Mon- Fri, 8 a.m.-5 p.m.

# **GENESIS COMMUNITY CLINIC**

215 W 35TH ST, GARDEN CITY | 208-384-5200

**HOURS**: Mon + Fri, 8 a.m.-5 p.m., Tues + Thur, 8 a.m.-7:30 p.m.

# CLARVIDA COMMUNITY CRISIS CENTER

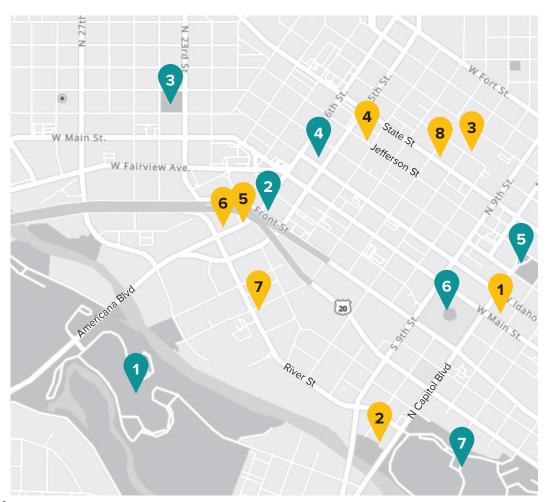
**7192 POTOMAC DR | 833-527-4747** Open 24/7

# **CLARVIDA YOUTH CRISIS CENTER**

**9196 W EMERALD ST. #100 | 833-527-4747** Open 24/7

\*Reoccurring wound care, health care and foot clinics at Corpus Commons and Interfaith Sanctuary. Reach out to them directly for details.

# MAP



## **INDOOR LOCATIONS**

- BOISE CITY HALL 150 N CAPITOL BLVD
- 2. BOISE PUBLIC LIBRARY -DOWNTOWN 715 S CAPITOL BLVD
- 3. CATHEDRAL OF THE ROCKIES 717 N 11TH ST
- 4. CITY LIGHTS
  1404 W JEFFERSON ST
- 5. CORPUS COMMONS 525 S AMERICANA BLVD
- 6. INTERFAITH SANCTUARY
  1620 W RIVER ST
- 7. RIVER OF LIFE 575 S 13TH ST
- 8. TREASURE VALLEY YMCA -DOWNTOWN 1050 W STATE ST

# **PARKS**

- 1. ANN MORRISON PARK
- 2. RHODES SKATE PARK
- 3. FAIRVIEW PARK
- 4. BANNOCK PARK
- 5. CECIL D. ANDRUS PARK
- 6. THE GROVE PLAZA
- 7. JULIA DAVIS PARK

# **SUMMER SAFETY**

# **STAYING COOL - HOT TIPS**

#### STAY HYDRATED

Drink plenty of water throughout the day. Avoid drinking alcohol, coffee, tea, and caffeinated soft drinks.

#### FIND SHADE + COOL AREAS

Seek shaded spots or air-conditioned public places during peak heat. Limit time in direct sunlight.

#### WEAR LIGHT CLOTHING

Opt for lightweight, light-colored, and loose-fitting clothes. Change clothing if damp or wet

#### TREAT YOUR SKIN

Use sunscreen, wear a wide-brimmed hat, and sunglasses. Keep a damp rag or bandana to wipe your face or neck. Take cool showers.

# EAT LIGHT

Have smaller, frequent meals and avoid heavy foods.

#### CHECK ON OTHERS

Especially older adults, those with health conditions or disabilities and those using substances.

#### CONSIDER PET SAFETY

Make sure pets have plenty of cool water and access to shade. Asphalt and pavement can very hot for their feet

# **SUMMER CAR SURVIVAL GUIDE**

#### CARS HEAT UP FAST:

- · Use reflective sunshades or emergency blankets (shiny side out) to block sunlight.
- · Hang light-colored sheets or towels in windows.
- · Park in shade (under trees, near buildings, or parking garages if safe).

# STAY COOL WITHOUT AC

- Avoid idling—burns fuel and can be dangerous. Use battery-powered or USB fans.
- Crack windows on opposite sides for cross-breeze; use mesh or visors to keep bugs out and stay secure.
- Sleep near airflow and wear breathable, light layers.

# HYDRATION & BODY COOLING:

- Drink water regularly, even if you're not thirsty. Wrap bottles to keep them cooler.
- · Use a damp cloth or spray bottle on your neck, wrists, and face to cool down.
- Visit air-conditioned public spaces and designated cooling locations (libraries, churches, coffee shops, etc) during peak heat hours (11 a.m.-4 p.m.).

# SLEEP SMART:

- Don't sleep on foam or thick cushions—they trap heat.
- · Use reflective or mesh pads and light blankets.
- · Choose light-colored materials over dark ones.

## PROTECT WHAT YOU CARRY:

 Store electronics, meds, and batteries out of the sun—use insulated bags or coolers when possible.

# **SUMMER SAFETY**

# **BE ALERT TO HEAT ILLNESS SYMPTOMS**

#### HEAT STROKE

Dry, hot skin, no sweating, high temperature, rapid pulse, chills, confusion, slurred speech.

If you suspect heat stroke, get the person medical care immediately.
 Cool down with whatever methods are available. Do not give them anything to drink.

#### HEAT EXHAUSTION

Excessive sweating, weakness, dizziness, clammy skin, muscle cramps, flushed skin.

#### HEAT CRAMPS

Muscle pain and spasms, usually in the abdomen, arms, or legs.

 If you suspect heat cramps or heat exhaustion, go to a cooler a location, remove extra clothing, and take sips of water or sports drink.

#### HEAT RASH

Red pimples or small blisters, often on the neck, chest, groin, under breasts, and elbow creases.

#### MORE INFORMATION

Please contact **info@ourpathhome.org** or call the Housing Crisis Hotline at **208-336-4663**.



OurPathHome.org