



Our Path Home

# SUMMER COOLING RESOURCE GUIDE

JUNE - OCTOBER 2025

Our Path Home works with local partners in Boise and Ada County to provide safe, cool places for people experiencing homelessness during the hot summer months. These locations are available to help keep you cool and comfortable when temperatures rise, ensuring you have a safe place to go during the heat of the summer.

**HOUSING CRISIS HOTLINE | 208-336-HOME (4663)**

[Info@OurPathHome.org](mailto:Info@OurPathHome.org)

If you are experiencing a housing crisis,  
call us for resources, information and support

**OURPATHHOME.ORG**

# TABLE OF CONTENTS

CRISIS SUPPORT .....	1
COOLING LOCATIONS .....	2
ADDITIONAL RESOURCES .....	4
YOUTH RESOURCES .....	7
HEALTH RESOURCES .....	9
MAP .....	10
SUMMER SAFETY .....	12

# CRISIS SUPPORT

Reach out if you or someone you know is experiencing a crisis.

- **IF YOU ARE IN AN EMERGENCY CALL 911**
- **BOISE NON-EMERGENCY POLICE**  
208-377-6790 (Available 24/7)
- **MOBILE CRISIS - BEHAVIORAL HEALTH UNIT**  
208-334-0808 (Available 24/7)
- **PATHWAYS COMMUNITY CRISIS CENTER**  
833-525-4747 (Available 24/7)
- **SUICIDE + CRISIS LIFELINE**  
988 or 1-800-273-8255 (Available 24/7)
- **WCA DOMESTIC VIOLENCE CRISIS HOTLINE**  
208-343-7025 (Available 24/7)
- **WCA SEXUAL ASSAULT HOTLINE**  
208-345-7273 (Available 24/7)

# COOLING LOCATIONS

## SERVICES + RESOURCES

**ALL FACILITIES** PROVIDE RESOURCE NAVIGATION, BATHROOMS, BEVERAGES, AND INDOOR SEATING.



CLOTHES



FOOD/  
MEALS



SHOWERS



OVERNIGHT  
STAY



WIFI/  
COMPUTER



FIRST AID



COVERED  
OUTDOOR  
SHELTER



CRISIS  
SUPPORT



LAUNDRY



PHONE

### BOISE CITY HALL

150 N CAPITOL BLVD | 208-608-7000



**HOURS:** Mon-Fri, 8 a.m.–5 p.m.

### BOISE PUBLIC LIBRARY

715 S CAPITOL BLVD | 208-972-8200



\*tele-health appointment  
pod available

**HOURS:** Mon-Thur, 10 a.m.–8 p.m.  
Fri, 10 a.m.–6 p.m., Sat-Sun, 10 a.m.–2 p.m.

### ADDITIONAL BRANCH ADDRESSES

- **LIBRARY AT HILLCREST**  
5246 W Overland Rd
- **LIBRARY AT COLLISTER**  
4742 W State St
- **LIBRARY AT COLE & USTICK**  
7557 W Ustick Rd

**HOURS:** Mon + Fri, 10 a.m.–6 p.m.,  
Tues-Thurs, 10 a.m.–8 p.m.

### CATHEDRAL OF THE ROCKIES

717 N 11TH ST | 208-343-7511



**HOURS:** Mon-Fri, 9 a.m.–4 p.m.  
**LUNCH HOURS:** Mon-Fri, 11:30 a.m.–1 p.m.

### CITY LIGHT HOME FOR WOMEN AND CHILDREN

1404 W JEFFERSON ST | 208-368-9901



Overnight shelter for women and children only. Daytime access for overnight guests upon staff approval.

**HOURS:** Daily, 9 a.m.–8 p.m.  
(Overnight check in at 4:30 p.m.)

## CORPUS COMMONS

525 S AMERICANA BLVD | 208-426-0039



Bus passes and mail services available Monday through Saturday.

**HOURS:** Daily, 8:30 a.m.–7 p.m.

## DICK EARDLEY SENIOR CENTER

690 ROBBINS RD | 208-608-7580



Serves ages 50+. Lunch served daily: 60yrs and older eat free, under 60yrs can eat for \$8

**HOURS:** Daily, 9 a.m.–5 p.m.

## FORT BOISE COMMUNITY CENTER

700 ROBBINS RD | 208-608-7680

**HOURS:** Mon-Fri, 8 a.m.–9 p.m.; Drop in Facility use and showers available for \$5 (18-61) or \$4 for 62+ (no towels or soap provided).

## GARDEN CITY PUBLIC LIBRARY

6015 GLENWOOD STREET | 208-472-2942



**HOURS:** Mon + Fri, 9:30 a.m.–5:30 p.m.,  
Tues-Thurs, 9:30 a.m.–8 p.m., Sat, 10 a.m.–4 p.m.

## INTERFAITH SANCTUARY

1620 W RIVER ST | 208-343-2630



**HOURS:** Daily, 8:30 a.m.–4 p.m.  
(Cooling space available from 2 p.m.–7 p.m.  
in the “bull pen”) For overnight shelter support  
call 208-345-5815

## HAYS HOUSE

7221 POPLAR ST | 208-322-2308



24/7 Emergency Youth Shelter (Ages 9-17)

## RIVER OF LIFE - BOISE RESCUE MISSION

575 S 13TH ST | 208-389-9840



Men only. Open indoor access to public when  
above 95 degrees.

**HOURS:** 9 a.m.–4 p.m.  
(Overnight check in at 4:30 p.m.)

## COOLING LOCATIONS

### TREASURE VALLEY YMCA

1050 W STATE ST | 208-344-5501



Free full access seasonal gym membership and Treasure Valley locations. Must complete OPH-YMCA application, available at CATCH, Corpus Commons, or Interfaith Sanctuary.

**HOURS:** Mon-Fri, 5 a.m.–9 p.m.,  
Sat, 7 a.m.–6 p.m., Sun, 10 a.m.–6 p.m.

- **WEST BOISE YMCA**  
5959 N DISCOVERY WAY
- **SOUTH MERIDIAN YMCA**  
5155 HILLSDALE AVE

## ADDITIONAL RESOURCES

### SHELTERED OUTDOOR SPACES

All parks open from sunrise to sunset.

#### ANN MORRISON PARK\*

1000 AMERICANA BLVD

#### ESTHER SIMPLOT PARK\*

3206 W PLEASANTON AVE

#### JULIA DAVIS PARK\*

700 S CAPITAL BLVD

#### RHODES SKATE PARK\*

1555 W FRONT ST

#### VETERANS MEMORIAL PARK\*

930 VETERANS MEMORIAL PKWY

#### FAIRVIEW PARK\*

2300 W IDAHO ST

### WIFI AVAILABLE:



#### CECIL ANDRUS PARK

601 W JEFFERSON ST



#### CHERIE BUCKNER WEBB PARK

1100 W BANNOCK BLVD



#### THE GROVE PLAZA

827 W MAIN ST

### \*PUBLIC BATHROOMS AVAILABLE

FORT BOISE PARK | TERRY DAY PARK |

SHORELINE PARK

## SPLASH PADS AND WATER ACCESS

GROVE PLAZA FOUNTAIN  
FRANKLIN PARK  
ANN MORRISON FOUNTAIN  
FAIRVIEW PARK  
ESTER SIMPLOT PARK

## PUBLIC INDOOR SPACES

COFFEE SHOPS  
TRANSIT STATION  
BOISE TOWNE SQUARE MALL  
PUBLIC LIBRARIES

## FOOD PANTRIES

EL-ADA COMMUNITY  
ACTION PARTNERSHIP  
BOISE  
2250 S VISTA AVE | 208-345-2820  
HOURS: Mon-Thurs, 8 a.m.–4 p.m.

GARDEN CITY  
701 E 44TH ST | 208-377-0700  
HOURS: Mon-Thurs, 9 a.m.–12 p.m. and 1–5 p.m.

SAINT MARY'S FOOD BANK  
3890 W STATE ST | 208-345-2734  
HOURS: Mon + Fri, 11 a.m.–2 p.m.,  
Wed, 11 a.m.–1 p.m.

SALVATION ARMY  
9492 W EMERALD ST | 208-343-5420  
HOURS: Tues-Thurs, 12–4 p.m., Friday, 12–1 p.m.

ST. VINCENT DE PAUL  
FOOD PANTRY  
3209 W OVERLAND RD | 208-333-1460  
HOURS: Tues, Fri and 2nd Sat, 10 a.m.–12 p.m.

TRUE HOPE FOOD PANTRY  
607 N 13TH ST | 208-344-7809  
HOURS: Sat, 8–11 a.m.



FOR MORE FOOD DISTRIBUTIONS, PLEASE SCAN THE QR CODE  
OR VISIT [IDAHOFOODBANK.ORG/GET-HELP/GETFOOD](https://IDAHOFOODBANK.ORG/GET-HELP/GETFOOD)

# ADDITIONAL RESOURCES

## RESOURCE SUPPORT

### OUR PATH HOME OUTREACH

503 S AMERICANA BLVD | 208-336-4663

HOURS: Tues, 9–11 a.m., Thur, 1–3 p.m.

EMAIL: [OurPathHome@catchprogram.org](mailto:OurPathHome@catchprogram.org)  
[OurPathHome.org](http://OurPathHome.org)

### RESOURCE NAVIGATION - BOISE LOW INCOME SUPPORT

CONTACT: [info@boiselist.org](mailto:info@boiselist.org) for available  
items and support

### COMMUNITY RESOURCE COORDINATOR AT THE BOISE PUBLIC LIBRARY

715 S CAPITOL BLVD | 208-954-6777  
See library staff for referral form to CRC

### COFFEE AND CONVERSATIONS:

DOWNTOWN LIBRARY: Second and Fourth  
Friday 10–11:30 a.m.

COLE & USTICK LIBRARY: Second and  
Fourth Thursday 10–11:30 a.m.

### JESSE TREE RESOURCE SUPPORT CENTER

1121 MILLER STREET | 208-383-9486

HOURS: Mon–Thurs, 9 a.m.–4 p.m.

EMAIL: [Office@jessetreeidaho.org](mailto:Office@jessetreeidaho.org)

### ST. VINCENT DE PAUL HELPLINE

208-331-2208

Help with utilities, rental assistance, household  
goods, transportation, and clothing. Leave a  
message with name, phone number and need.

### BOISE MUTUAL AID

RHODES SKATE PARK

HOURS: Mon and Wed 5–7 p.m.

### FIND HELP IDAHO

Online location-based resource guide with  
the ability to print, connect, and send/receive  
updates with a variety of community partners  
and resources.



[FindHelpIdaho.org](http://FindHelpIdaho.org)



# YOUTH RESOURCES

## BOISE PUBLIC LIBRARY

The Boise Public Library offers an array of free activities to youth and young adults throughout the summer. Activities are available at all branches and can be found in the Library Summer Program Guide.

### MAIN LIBRARY

715 S CAPITOL BLVD | (208) 972-820

HOURS: Mon-Thurs, 10 a.m.–8 p.m.,  
Fri, 10 a.m.–6 p.m., Sat + Sun, 10 a.m.–2 p.m.

### HILLCREST LIBRARY

5246 W. OVERLAND RD | 208-972-8340

### COLLISTER LIBRARY

4742 W. STATE ST | 208-972-8320

### COLE & USTICK LIBRARY

7557 W. USTICK RD | 208-972-8300

HOURS: Mon-Fri, 10 a.m.–6 p.m.,  
Tues-Thurs, 10 a.m.–8 p.m., Sat, 10 a.m.–2 p.m.



**BOISE LIBRARY SUMMER  
PROGRAM GUIDE**

## TREASURE VALLEY YMCA

Through the seasonal OPH partnership with the YMCA, households are offered free full access memberships to any Treasure Valley YMCA. Through this program the Kid Zone offers 2 hours of childcare for youth under 6 years of age. Parents or guardians must be onsite. In addition to, the “YAC” is available for youth ages 6-14. Applications for the seasonal YMCA- OPH program can be found at service locations.

HOURS: Mon-Fri, 5 a.m.–9 p.m., Sat, 7 a.m.–6 p.m.,  
Sun, 10 a.m.–6 p.m.

### DOWNTOWN

1050 W STATE ST

### WEST BOISE

5959 N DISCOVERY WAY

### SOUTH MERIDIAN

5155 HILLSDALE AVE

## BOISE AND WEST ADA SCHOOL DISTRICT

The Boise School District and the West Ada School District are utilizing federal programs which include free lunch and breakfast (at select locations) for school aged children at various parks and schools from June 3 – August 8.

# YOUTH RESOURCES

## JUMP

**1000 W MYRTLE ST | 208-639-6610**

Jack's Urban Meeting Place, or JUMP, hosts a variety of free and low-cost activities and events throughout the summer, many available for youth. Activities and events can be found on the JUMP website, including ways to use the space at no cost. **JUMPBoise.org**

**HOURS:** Tues-Fri, 8 a.m.–7:30 p.m.,  
Sat, 9 a.m.–7:30 p.m.

## CLARIDA YOUTH CRISIS CENTER

**9196 W. EMERALD ST, STE 100 | 833-525-4747**

Operates 24 hours, 7 days a week, 365 days

Serves individuals under 18 years and older experiencing a behavioral health crisis including substance abuse challenges. Clarida Community Crisis Center provides a safe, non-judgmental environment, linkage to community resources, and referrals for ongoing care at no cost to those we serve. The center welcomes all adults regardless of background. Individuals may stay at the center up to 23hrs and 59minutes in one episode of care.

## HAYS HOUSE

**7221 POPLAR ST | 208-322-2308**

Hays House is the Treasure Valley's only 24-hour shelter for unaccompanied youth (9-17 years old). Hays House is here for kids who are runaways, homeless, or victims of abuse or neglect, with a safe place to stay, no matter what, no matter when. Hays House programming includes life skills classes, strength-based family and individual counseling, educational support, community-based recreation, access to an accredited academic program for grades 9-12 that include GED instruction and testing.

## THE COMMUNITY CENTER

**1088 N ORCHARD ST**

The Community Center is a center for all members of the community, offering support groups, resources and activities.

**HOURS:** Mon, 3–7 p.m., Thurs, 5–8 p.m.,  
Sat, 10 a.m.–5 p.m.

**EMAIL:** [info@tccidaho.org](mailto:info@tccidaho.org)

# HEALTH SERVICES

## TERRY REILLY HEALTH SERVICES

300 S 23RD ST | 208-318-1326

HOURS: Mon-Fri, 8 a.m.–6 p.m. (closed 1–2 p.m.)

PSYCHIATRIC MEDICATION  
MANAGEMENT WALK-IN:

HOURS: Wed, 2–4 p.m., Fri, 1–5 p.m.

## TERRY REILLY HEALTH SERVICES

848 LA CASSIA DR | 208-344-0086

HOURS: Mon-Fri, 8 a.m.–5 p.m. (Closed 12–1 p.m.)

## FULL CIRCLE IDAHO

325 W IDAHO ST | 208-514-2525

HOURS: Mon- Fri, 8 a.m.–5 p.m.

## GENESIS COMMUNITY CLINIC

215 W 35TH ST, GARDEN CITY | 208-384-5200

HOURS: Mon + Fri, 8 a.m.–5 p.m., Tues + Thur,  
8 a.m.–7:30 p.m.

## CLARVIDA COMMUNITY CRISIS CENTER

7192 POTOMAC DR | 833-527-4747

Open 24/7

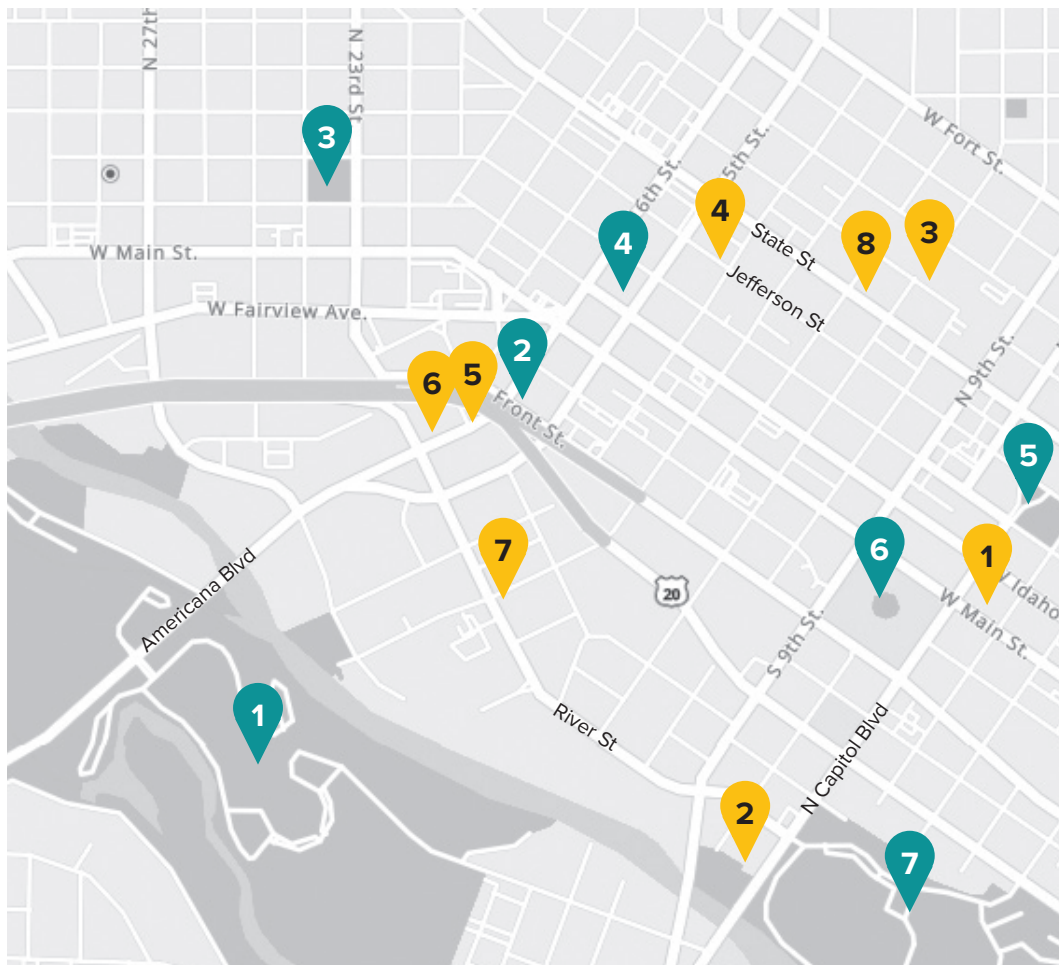
## CLARVIDA YOUTH CRISIS CENTER

9196 W EMERALD ST. #100 | 833-527-4747

Open 24/7

\*Reoccurring wound care, health care and  
foot clinics at Corpus Commons and Interfaith  
Sanctuary. Reach out to them directly for details.

# MAP



## **INDOOR LOCATIONS**

- 1. BOISE CITY HALL**  
150 N CAPITOL BLVD
- 2. BOISE PUBLIC LIBRARY - DOWNTOWN**  
715 S CAPITOL BLVD
- 3. CATHEDRAL OF THE ROCKIES**  
717 N 11TH ST
- 4. CITY LIGHTS**  
1404 W JEFFERSON ST
- 5. CORPUS COMMONS**  
525 S AMERICANA BLVD
- 6. INTERFAITH SANCTUARY**  
1620 W RIVER ST
- 7. RIVER OF LIFE**  
575 S 13TH ST
- 8. TREASURE VALLEY YMCA - DOWNTOWN**  
1050 W STATE ST

## **PARKS**

- 1. ANN MORRISON PARK**
- 2. RHODES SKATE PARK**
- 3. FAIRVIEW PARK**
- 4. BANNOCK PARK**
- 5. CECIL D. ANDRUS PARK**
- 6. THE GROVE PLAZA**
- 7. JULIA DAVIS PARK**

# SUMMER SAFETY

## STAYING COOL - HOT TIPS

- **STAY HYDRATED**

Drink plenty of water throughout the day. Avoid drinking alcohol, coffee, tea, and caffeinated soft drinks.

- **FIND SHADE + COOL AREAS**

Seek shaded spots or air-conditioned public places during peak heat. Limit time in direct sunlight.

- **WEAR LIGHT CLOTHING**

Opt for lightweight, light-colored, and loose-fitting clothes. Change clothing if damp or wet

- **TREAT YOUR SKIN**

Use sunscreen, wear a wide-brimmed hat, and sunglasses. Keep a damp rag or bandana to wipe your face or neck. Take cool showers.

- **EAT LIGHT**

Have smaller, frequent meals and avoid heavy foods.

- **CHECK ON OTHERS**

Especially older adults, those with health conditions or disabilities and those using substances.

- **CONSIDER PET SAFETY**

Make sure pets have plenty of cool water and access to shade. Asphalt and pavement can very hot for their feet.

## SUMMER CAR SURVIVAL GUIDE

### • CARS HEAT UP FAST:

- Use reflective sunshades or emergency blankets (shiny side out) to block sunlight.
- Hang light-colored sheets or towels in windows.
- Park in shade (under trees, near buildings, or parking garages if safe).

### • STAY COOL WITHOUT AC

- Avoid idling—burns fuel and can be dangerous. Use battery-powered or USB fans.
- Crack windows on opposite sides for cross-breeze; use mesh or visors to keep bugs out and stay secure.
- Sleep near airflow and wear breathable, light layers.

### • HYDRATION & BODY COOLING:

- Drink water regularly, even if you're not thirsty. Wrap bottles to keep them cooler.
- Use a damp cloth or spray bottle on your neck, wrists, and face to cool down.
- Visit air-conditioned public spaces and designated cooling locations (libraries, churches, coffee shops, etc) during peak heat hours (11 a.m.–4 p.m.).

### • SLEEP SMART:

- Don't sleep on foam or thick cushions—they trap heat.
- Use reflective or mesh pads and light blankets.
- Choose light-colored materials over dark ones.

### • PROTECT WHAT YOU CARRY:

- Store electronics, meds, and batteries out of the sun—use insulated bags or coolers when possible.

# SUMMER SAFETY

## BE ALERT TO HEAT ILLNESS SYMPTOMS

- **HEAT STROKE**

Dry, hot skin, no sweating, high temperature, rapid pulse, chills, confusion, slurred speech.

- If you suspect heat stroke, get the person medical care immediately.  
Cool down with whatever methods are available. Do not give them anything to drink.

- **HEAT EXHAUSTION**

Excessive sweating, weakness, dizziness, clammy skin, muscle cramps, flushed skin.

- **HEAT CRAMPS**

Muscle pain and spasms, usually in the abdomen, arms, or legs.

- If you suspect heat cramps or heat exhaustion, go to a cooler a location, remove extra clothing, and take sips of water or sports drink.

- **HEAT RASH**

Red pimples or small blisters, often on the neck, chest, groin, under breasts, and elbow creases.

## MORE INFORMATION

Please contact [info@ourpathhome.org](mailto:info@ourpathhome.org) or call the Housing Crisis Hotline at **208-336-4663**.



Our Path Home

OurPathHome.org